



## **PENRITH CRICKET, SPORTS AND SOCIAL CLUB**

### **RULES FOR USE OF THE BOWLING MACHINE**

Particular care must be taken when the bowling machine is used in the outdoor nets or during indoor practice.

#### **The following safety guidelines must be followed:**

- The coach will always have overall responsibility for the operation of the bowling machine.
- All necessary regulations concerning the supply of electricity to the machine and the manufacturer's recommendations must be strictly adhered to.
- Batsmen must take the opportunity to observe several deliveries before taking strike.
- During practice, no adjustments to the machine will be made without the batsmen being advised before receiving another delivery.
- Adjustments to the machine will only be made under the supervision of the coach.
- The feeder will always ensure that the batsman is ready and will indicate to him that he is about to feed the next delivery.
- Balls should be inspected prior to use and rejected if worn or damaged.
- Do not increase the bowling speed above that which the individual batsman can play with some degree of certainty.
- When certain strokes are practiced, it is advisable for the feeder to have some form of physical protection.